



## Foundations Detroit

810-360-5779

[FoundationsDetroit.com](http://FoundationsDetroit.com)

### What's Unique about Foundations Detroit?

Located in the heart of the Midwest, Foundations Detroit serves the unique needs of those in and around this historic city. We provide integrated treatment and recovery support targeted specifically to individuals with co-occurring addiction and mental health concerns, drawing both Michiganders and those from across the country. We seek to meet people right where they are, co-creating a recovery plan to help each person move forward into greater health and wellness.

### Specialized Programs at Foundations Detroit

#### Integrated Treatment

*When co-occurring addiction and mental health issues are treated concurrently, individuals are much more likely to achieve and maintain a healthy, balanced lifestyle. We offer integrated treatment using evidence-based methods for the best chance of long-term success in recovery.*

#### Holistic Options

*Foundations Detroit recognizes the importance of treating the whole person. That's why our program also addresses post-traumatic stress and includes holistic offerings like yoga, meditation, art therapy and massage to aid recovery.*

#### Intervention Assistance

*Our five step intervention method provides a proven protocol of education, action and healing in a respectful and non-confrontational manner. We work with our patients and their families to ensure that they find the right interventionist and that there is total understanding of the treatment process.*

#### Continuum of Care

*Our comprehensive array of services includes confidential assessments, physician-directed medication management, a diverse schedule of therapies, integrated educational sessions and holistic approaches. Everything we do is based on a continuum of care.*

### About Foundations Recovery Network

Foundations Recovery Network is the premier provider of integrated treatment for addiction and co-occurring mental health concerns. Our award-winning model combines evidence-based addiction treatment with innovative therapies for emotional and mental health to effectively address dual disorders. Outcome data demonstrate that FRN patients are more than twice as likely to maintain sobriety one year post-treatment when compared to those who attend traditional programs. The Foundations family of treatment facilities includes residential centers located in California, Georgia, Tennessee and Michigan as well as outpatient centers located in California, Georgia, Tennessee, Michigan and Illinois.